

Volunteer Opportunities



Meals on Wheels

Deliver a hot nutritious lunch to seniors in need. We deliver meals every Monday through Friday morning. Grab a friend and work as a team. You can deliver once a week, once a month, or put your name on a substitute list. We make it flexible to fit your schedule. A car is required.



Events

Pitch-in and join the fun when we have activities and special events such as, the Veterans Luncheon, Annual Holiday Party, Senior Day, Grandparent's Day, or Lunch events.



Grocery Shopping

Help a senior with their grocery shopping by taking their list to the store, purchasing their groceries, and delivering them to their house. The time commitment is as often as you are available. A car is required to do the shopping.



Wellness Check-In Calls

Make life a little more comfortable for a senior by checking in to chat, share your world, read a newspaper, or just to let them know that the senior center is here for you. Calls can be made any day of the week between 9-5 pm. Attend weekly wellness call team meetings to stay connected.



iPad Training

Put your technology skills to use by teaching someone how to use a tablet, surf the web, email grandchildren, use zoom, or use social media. The time commitment can be 1 session, weekly, or bi-weekly. These training sessions can be done in-person or virtually depending on your flexibility.

Interested in volunteering? Contact us at 508-697-0929 or seniorcenter@bridgewaterma.org. All volunteers must have a license, fill out a volunteer application, CORI form, and privacy statement before starting.